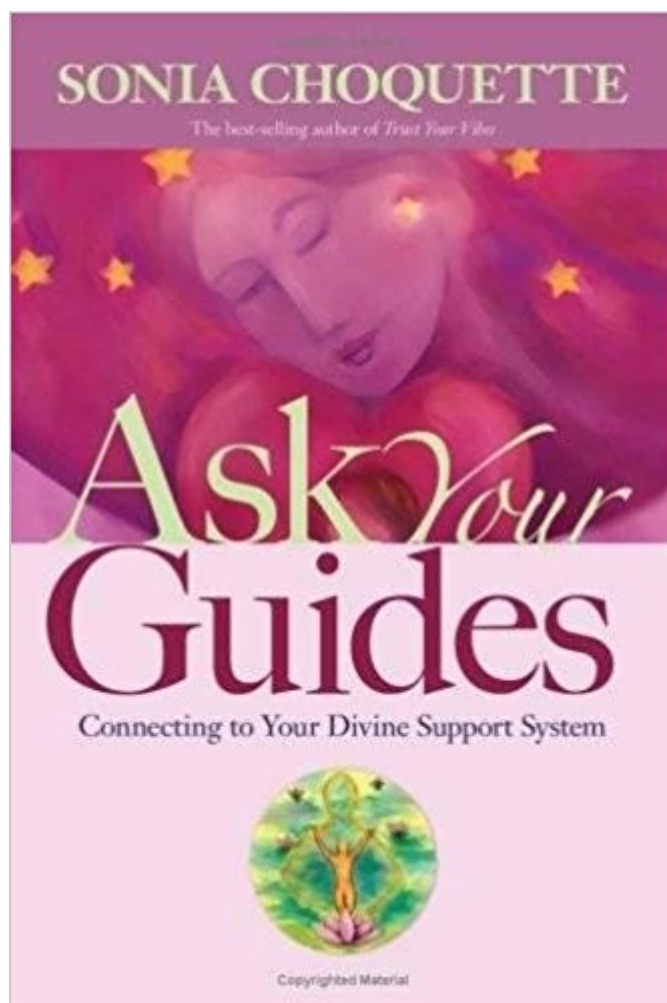


The book was found

# Ask Your Guides: Connecting To Your Divine Support System



## Synopsis

Weâ™re all spiritual beings with a spiritual support system on the Other Side that oversees and helps guide our lives from the moment weâ™re born to the moment we leave our physical bodies and return to Spirit. Not knowing this fact is a severe handicap, as the Universe is designed to care for and nurture all its creatures and help make our lifeâ™s journey easier and more successful. When we learn how to connect with our angelic guides, our lives naturally fall into a pattern of ease and flow during which we grow our souls, fulfill our lifeâ™s purpose, and make our time on Earth endlessly entertaining.Â This fascinating and inspirational book byÂ Sonia ChoquetteÂ provides all the information you need to help you connect with your spirit guides so that you can enjoy all the love, abundance, and joy youâ™re entitled to.

## Book Information

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## Customer Reviews

Choquette, the author of many books that help readers release their inner psychic, here introduces the idea of spirit helpers who guide and support people through life's highways and byways. Obviously, one has to have walked a fair piece down the psychic pathway to be open to the concept of spirit guides. Many more people, however, believe in the notion of guardian angels, and this is where Choquette begins. Writing in a lively, friendly style, which intertwines personal anecdotes with how-to advice, she explains the difference between angelic helpers (including the big guns, the archangels) and spirit guides. She then breaks down the latter into smaller groups such as teacher guides, healer guides, etc., explaining the particular province of each group and offering advice on how to call upon them. Later chapters explain what the guides can--and cannot--do. This book

certainly comes under the category of "everything you wanted to know about," and it will delight believers. The less convinced may wonder how the multitude of helpers avoid bumping into each other. Ilene CooperCopyright © American Library Association. All rights reserved

"Sonia's understanding of how the spiritual realms work and how our earthly blocks can be removed is extraordinary, she conveys her message in a way we can all use to enhance our lives both physically and spiritually and it's that combination that makes me love her spirit and listen when she speaks. This book is full of her sunshine, bask in it!" - David Wells, Most Haunted presenter & Now Magazine astrologer" --This text refers to an out of print or unavailable edition of this title.

This has opened up a whole new world for me -- I love reading this book. It gives me hope I feel like I have my own team now.

Very well written. Working with spirit guides.the book talks about the various roles of spirit guides and how to get the best working relationship with various guides. The book is the most comprehensive compilation of material regarding integrating your life with spirit guide direction and the gifts you are blessed with to guide your life. The book is not written out in left field but grounded in reality of leading a life of more than just one demension.

I found this reading inspirational and challenging. Some ideas were comfortable, others were unfamiliar but will not be forgotten. I appreciate sincerity in writing and always want to thank authors who share humbly regardless of skeptics or religious designation. Thank you Sonia! This was kind, interesting and beautiful. You challenge me! God, Jesus, my Angels, Soul Guides & Divinity challenge me daily. I often fall short. Having read your book helps me to understand those challenges better! Thanks!

I really liked this book. It is easy to read and very informative about angels and the "guides" that the author says are with us from the time we are born and how they help us and how we can get more help knowing that we have them available to help us in our everyday lives. i.e. if we lose something, I always ask St. Anthony to help me find it and he always does!, well she says it's our guides that help us find it. Either way, it works for me. Fun read.

Excellent information if you're just beginning or getting deeper in your spiritual journey .

Very informative I really enjoyed reading this book. A lot of the information given in this book I was already practicing and didn't understand why I was doing those things. This book was like a light at the end of a tunnel. I suggest any who needs spiritual clarity should read this book.

I guess my "guides" don't like me. This was a total bust. I regret buying it.

Great book about our guides, as a first time reader and new to this, I thoroughly appreciated the simple advice she gave for how to reach our guides and really, it has been working :). So I am very happy that I chose to read this book. You will too!

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